

MENU

The whole team wishes you
a good tasting and a
great time at La Ruche!



SALADS

STARTER: 4,70€ MAIN: 9,00€

Italian salad

Penne, cherry tomatoes, mozzarella, pesto

Greek salad

Tomatoes, cucumber, feta cheese, black olives

Niçoise salad

Rice, tuna, sweetcorn, bell peppers, tomatoes, radish, olives

Tzatziki

Greek yogurt, cucumber, dill

Lentillaïse

Lentils, smoked salmon, parsley, shallots

Méditerranéenne

Couscous, tomatoes, cucumber, chick peas, bell pepper, parsley

Tartine biquette

Toasted goat cheese, honey, nuts and green salad

Tartine du soleil

Ratatouille, Italian ham and green salad

Soup of the day

PLATS

Dish of the day 13,00€

According to our Chef's inspiration (meat fish, vegetables, cheese)

Burger, Potatoes 14,50€

Minced meat, cheddar, onion, tomatoe, salad, potatoes

Caesar Salad 12,50€

Chicken, onions, tomatoes, egg, parmesan, croutons, salad

Quiche, green salad 8,00€

Lorraine (lardons) - goat cheese & spinach - chicken & tomatoes

Croque Monsieur, green salad 8,00€

Toast, ham, bechamel, grated emmental cheese

Croque Madame, green salad 8,50€

Toast, ham, bechamel, grated emmental cheese, fried egg

CHEESE AND DESERTS

Pastry of La Ruche

Choice in shop, window price + €0.60

Gourmet coffee (Expresso ou long coffee) 5,00€

Extra for other drinks +1.50€

French toast & scoop vanilla 6,00€

Trio of cheeses 5,50€

PIZZAS

1/2
+ salad

Margarita

10,00€ 6,50€

Tomato sauce, mozzarella

Orientale

13,50€ 9,00€

Tomato sauce, merguez sausage, peppers, mozzarella

Royale

14,50€ 9,00€

Tomato sauce, ham, mushrooms, black olives, mozzarella

Chèvre miel

13,50€ 9,00€

Crème fraîche, goat cheese, nuts, honey, mozzarella

4 saisons

14,00€ 9,50€

Tomato sauce, artichoke, asparagus, peppers, mushrooms mozzarella

Italienne

15,00€ 10,00€

Tomato sauce, Italian ham, pesto, arugula salad, mozzarella

4 fromages

15,50€ 10,50€

Crème fraîche, gorgonzola, taleggio, scamorza, mozzarella

Montagnarde

16,00€ 11,00€

Crème fraîche, mozzarella, Reblochon, chicken, onions

Norvégienne

16,50€ 12,00€

Crème fraîche, smoked salmon, dill, mozzarella

OUR MENUS

Dish of the day + Gourmet coffee 16,00€

Starter, dish of the day and desert 21,00€

*Selection of the day

Kids menu (till 12 years old) 12,50€

1/2 pizza (Margarita or Royale), desert (chocolate moelleux, éclair or pancake with sugar), 1 drink (squash or apple juice orange juice or grapefruit juice)

Bon appétit!

Price in euros, tax et service included

The allergens used in the composition of our products are at your disposal

APÉRITIFS

Ricard 2cl	4,00€
Kir 12cl blackberry, raspberry blackcurrant peach	5,00€
Kir royal 12cl	12,00€
Kir normand 12cl	5,00€
Martini blanc/rouge 4cl	4,00€
Clan Campbell 3cl	6,00€
Jack Daniel 3cl	6,50€
White or Red Port 4cl	4,00€
Get 27 6cl	5,00€
Get 31 6cl	6,50€

SOFTS

Squeezed orange juice	4,50€
Fruit juices Granini 25cl	3,50€
Orange nectar, apricot nectar, apple juice, pineapple nectar, grapefruit juice, tomato juice, strawberry juice	
Cans 33 cl	3,50€
Coca-Cola, Coca-Cola zéro, Orangina, Sprite, Schweppes Tonic, Schweppes Agrum, Perrier	
Iced tea JOMO 33cl	4,00€
Peach Hibiscus, Lime Passion fruit, Mint Lemon, Pomegranate Lychee	
Lemonade JOMO 33cl	4,00€
Orange blossom, Mango	
Lemonade 25cl	2,50€
Diabolo 25cl	3,00€
Syrup with water	2,50€
Strawberry, Grenadine, Cherry, Mint, Lemon, Peach, Violet	
Vittel/San Pellegrino (50 cl)	3,50€
Vittel/San Pellegrino (100 cl)	5,00€

BEERS

33 CL - 5,50€

Spore brewery

Coral - Pale Ale Lager 4.7%
 Buhan - New England Ipa 5.5%
 Bruma - White German beer 6.8%
 Mica - Porter, black beer 5%
 Ambar - Amber Ale 6.2%

1664 alcohol free 0.0% 33 CL - 5,00€

DRAUGHT BEER

25 CL 50 CL

Gallia Champs libre, lager 5.8%	3,70€	6,20€
Ciney, Belgian abbey beer 7%	4,00€	6,50€
Panaché (beer and lemonade)	3,70€	6,20€
Monaco (beer, lemonade, grenadine)	3,90€	6,40€

COCKTAILS

25CL 5.00€

EXTRA 3CL ALCOHOL 3.00€

Bee Happy	+ Vodka
Orange, apple, lime, honey	
Mojito	+ Rhum
Lemonade, lime, mint, brown sugar	
Cocktail tropical	+ Rhum
Orange, mango, banana, grenadine	
Sunrise	+ Téquila
Pineapple juice, lemon juice, orange juice, grenadine	
Peps	+ Gin
Apple juice, lemon syrup, limonade	
Venezio Spritz	5.00€
Alcohol free	
Spritz	8.00€
Prosecco, Apérol, orange, fizzy water	
Américano	8.00€
Campari, Martini, lemon, fizzy water	

WINES

	GLASS	1/4	1/2	BOTTLE
White				
Les Méridiennes AOP Lubéron	4,50€	8,00€	12,00€	
Chardonnay Les Jamelles IGP Pays d'Oc				28,00€
Red				
Les Méridiennes AOP Lubéron	4,50€	8,00€	12,00€	
Château Malbec AOC Bordeaux				32,00€
Rosé				
Les Méridiennes AOP Lubéron	4,50€	8,00€	12,00€	
Loulou Charmeuse AOP Lubéron				28,00€
Cider	GLASS 4,50€		BOTTLE 15,50€	
La Ferme des Ruelles				
Champagne	GLASS 11,00€		BOTTLE 60,00€	
Louis Constant				

HOT DRINKS

Expresso or long coffee	1,90€
Expresso & drop of milk	2,10€
Double expresso	2,90€
Long coffe and milk	2,90€
Double expresso and milk	3,50€
Cappuccino	3,50€
Viennese coffee	3,90€
Latte	3,90€
Vanilla, Hazelnut or Caramel	+0.30€
Hot chocolate	3,50€
Viennese chocolate	4,50€
Hot milk	2,90€
Damman tea (ask for our menu)	3,80€

Prices in euros, tax and service included
 Alcohol abuse is dangerous for your health

MENU

Pancakes



OUR PANCAKES

Pancake with sugar	3.50€
Pancake sugar butter & lemon	4.00€
Pancake with Nutella	4.50€
Pancake & salted butter fudge	4.50€
Pancake and jam	4.50€
Pancake chestnut cream	4.50€
Pancake with honey	4.50€
Extra whipped cream	1.00€

PANCAKE & ICE CREAM

Dame Blanche	7,00€
Pancake, 1 scoop vanilla, whipped cream, chocolate sauce	
Banana	7,00€
Pancake, 1 scoop vanilla, banana, whipped cream, chocolate sauce	
Caramel	7,00€
Pancake, 1 scoop salted butter caramel, whipped cream, caramel sauce	
Coconut	7,00€
Pancake, 1 scoop coconut, shredded coconut, whipped cream, chocolate sauce	
Cookies	7,00€
Pancake, 1 scoop cookies, whipped cream, caramel sauce	



LA RUCHE SPECIAL

La Maya	7,00€
Pancake, 1 scoop vanilla, walnuts, honey, whipped cream	

Prices in euros, tax and service included

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MENU



ICE CREAMS

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JAR OR CONE

- 1 scoop 4,00 €
- 2 scoops 5,20 €
- 3 scoops 6,40 €

FLAVOURS

Fruits

Blackcurrant, Strawberry, Apple,
Passion Fruit, Mango, Raspberry,
Coconut, Lemon, Melon

Classics

Chocolate, Coffee, Mint-
chocolate, Salted butter caramel,
Vanilla, Pistachio

Gourmets

Pistachio & hazelnut, Palet breton,
Crunchy hazelnut, Cookies,
Tiramisu, Rum raisin, Stracciatella,
Amarena, Chocolat rocher, Crème
brûlée, Yoghurt

ICE CREAM DESSERTS

Strawberry Melba 9,80€

2 scoops strawberry, 1 scoop vanilla,
strawberries, whipped cream, strawberry coulis

Banana Split 9,80€

1 scoop strawberry, 1 scoop chocolate, 1 scoop
vanilla, banana, whipped cream, chocolate
sauce

Poire Belle Hélène 9,80€

3 scoops vanilla, pear pieces, whipped cream,
chocolate sauce

Chocolate Liégeois 7,00€

2 scoops chocolate, whipped cream, chocolate
sauce

Café Liégeois 7,00€

2 scoops coffee, whipped cream, coffee sauce

Caramel 9,80€

2 scoops salted butter caramel, 1 scoop vanilla,
whipped cream, caramel sauce

After Eight 9,80€

1 scoop chocolate, 2 scoops mint, whipped cream,
chocolate sauce



ENJOY !

LA RUCHE SPECIAL

La Maya

1 scoop yoghurt, 1 scoop mango, mango puree with mint,
walnuts, honey, whipped cream

Prices in euros, tax and service included

MENU TEAS



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GREEN TEA

Jasmine green Tea

Green tea blended with fresh jasmine flowers

Soleil Vert

Sencha green tea flavoured with blood orange essential oils

Minty Tea

Gunpowder tea with peppermint leaf

Oriental

Sencha green tea, passion fruit, vine peach and wild strawberry

Bali

Sencha green tea, lychee, grapefruit and rose

BLACK TEA

Breakfast Tea

Black tea from Sri Lanka and India

Darjeeling Tea

Black tea from India

Ceylan OP Tea

Black tea from Sri Lanka

Earl Grey Tea

Chinese black tea with bergamot

Jardin bleu

China and Ceylon black tea, rhubarb, wild strawberry

Pomme d'amour

China and Ceylon teas, baked caramelised apple flavouring

Vanilla Tea

Vanilla-flavoured teas from China and Ceylon enriched with pieces of vanilla pods and flower petals.

Caramel Tea

Chinese black tea, papaya pieces, caramel and chocolate flavours

Red fruits Tea

China and Ceylon black tea, cherry, strawberry, raspberry and redcurrant

HERBAL TEAS

Verbena

Verbena mint

Linden

Linden mint

Camomilla

Tisane du berger

Verbena, Linden, pepper mint, orange blossom, lemongrass

SPECIALS

Rooibos Citrus

Rooibos, essential oils of lime, clementine and orange



ENJOY !

Price in euros, tax and service included.

BREAKFAST

PETIT DÉJEUNER



LA RUCHE

RELAX

8€

- 1 Hot drink
- 1 Croissant or 1 pain au chocolat
- 1 Glass of fruit juice
- Baguette
- Jam, butter, nutella



TASTY

11.50€

- 1 Hot drink
- 1 Croissant or 1 pain au chocolat
- 1 Glass of fruit juice
- 1 Yaghurt
- 1 Fruit salad
- Baguette
- Jam, butter, nutella

ON THE MOVE

5€

- 1 Hot drink
- 1 Croissant or 1 pain au chocolat
- 1 Glass of fruit juice

THE PLATE

6€

of la Ruche (extra)

Series of cheese and cold meat

