



S P A Q U A N A

DOMAINE DE LA CORNICHE

HISTORY OF OUR SPA

Spaquana, the Domaine de la Corniche Spa

The **Sequana** (Latin for "the Seine") offers the Domaine de la Corniche its meandering, gentle curves and calm current. Spaquana was born from the contraction of "Spa" and "Sequana" and was designed to create a place of well-being and rest around the Domaine.

*Spaquana wanted to work with the brand **Cinq Mondes** in order to offer you a menu of quality treatments.*

CINQ MŌNDES
SPA PARIS

Cinq Mondes, more than an experience, more than a sensory journey, is a revolutionary approach that follows the concept of skin dietetics.

Laboratoires Cinq Mondes selects the best patented plant-based active ingredients from the world's pharmacopoeias and is committed to effective, natural and sensory cosmetics.

Through its treatments and products, Cinq Mondes offers a deep regeneration of the body and mind to recreate a state of perfect balance at the cellular level of the skin : Le Bonheur dans la Peau.

Discover the digital version of the spa menu



A GREAT DEAL OF REST

Around the pool - an elegant parallelepiped of **14 by 4 meters**, equipped with bubble plates and massaging jets - **five alcoves** welcome you like real cocoons of relaxation in addition to the deckchairs and lounge areas. A little further on, let yourself be tempted by the de-stressing fumes of the **large hammam** or the **dry heat of the sauna** after a swimming session. You can also discover our **outdoor overflow whirlpool** on the solarium.

The six treatment rooms have been meticulously designed for your well-being, two of which can be used for duo treatments and one of which is reserved for people with reduced mobility.

As soon as the weather is fine, the solarium opens its doors onto a green space where you can be lulled by the birdsong.

Relax, beautify, escape... so many reasons to discover Spaquana for a treatment, an afternoon or a whole weekend !

ACCESS

Access to the spa facilities is included for 1 hour for all reservations for massages and treatments of 1 hour or more (access 1 hour before the start of the treatment).

If you book a 30-minute treatment, access to the spa for 1 hour is an additional €25.

Without a reservation, it is possible to access the spa for 2 hours at a cost of 45€/person (only during the week, except on holidays and bank holidays).

Privatization of half an hour of the outdoor whirlpool and the solarium at 25€ per person.

For the sake of peace and security, children under 16 years of age are not allowed access, except from Monday to Friday from 10am to 1pm.

The hammam and sauna are not recommended for pregnant women or people suffering from circulatory problems, rosacea or illnesses that may be aggravated by the heat.

FACE TREATMENTS BY CINQ MONDES



Following a personalized diagnosis, our facial treatments combine the effectiveness of Cinq Mondes Dermapuncture or needle-free acupuncture with the performance of natural phyto-aromatic products to rejuvenate the face and relax the entire body.

	Week	WE
<p>Ko Bi Do Face Treatment - Instant Youthfulness</p> <p><i>This facial massage combines the power of Géo with movements that provide a natural facelift, for immediate results.</i></p>	30min	59€ 65€
<p>Five Balinese Flowers Face Treatment - Moisturising</p> <p><i>This treatment from Bali moisturizes deeply moisturizes and brightens the skin with its combination of five tropical flowers. A face, neck, and shoulder massage will help you let go of any tension and relax you.</i></p>	1h	99€ 115€
<p>Ko Bi Do Face Treatment - Redensification</p> <p><i>This wrinkle deeply treatment works in the face and neck to reinvigorate and smooth out the skin.</i></p>	1h	99€ 115€
<p>Ko Bi Do Face Treatment - Global Anti-Aging</p> <p><i>This exceptional treatment combines powerful Dermapuncture® movements and ridoki to give the face, neck, and décolleté a natural lift.</i></p>	1h30	140€ 170€
<p>Balinese Flowers Face Treatment - Radiance Boost</p> <p><i>Enjoy the delicate scents of tropical flowers during this treatment that will leave your skin radiant and your complexion looking fabulous.</i></p>	30min	59€ 65€
<p>Balinese Flowers and Fruits Face Treatment - Perfect Radiance</p> <p><i>The perfect treatment to smooth out any imperfections on the face, neck, and décolleté, thanks to oxygenation techniques that combine natural active ingredients from tropical flowers and fruit acids (AHAs).</i></p>	1h30	140€ 170€
<p>Iconic Ritual Face and Body</p> <p><i>In this new expert treatment ritual, you'll find the most beautiful Cinq Mondes massage techniques, imbued with ancestral traditions and ceremonial. Reconnect your body and mind with a back massage inspired by ancient Ayurvedic movements, followed by a personalized facial according to your wishes and needs.</i></p>	1h30	140€ 170€
<p>Nougatine® Face Treatment Purity - Pre-Teens*</p> <p><i>Facial cleansing with chantimousse, double action scrub to eliminate dead skin, impurities and open pores. Charcoal mask to purify and tighten pores. Massage of hands and arms, then moisturizing of the face with the matifying hydrating fluid.</i></p>	30min	59€ 65€

*From 10 years old

BODY MESSAGES BY CINQ MONDES



Cinq Mondes treatments bring together a marvelous range of techniques inspired by traditional medicine, the "Rituels de beauté du Monde" (World Beauty Rituals), marked by quality, authenticity and ceremonial.

	Week	WE
Papaya Puree Scrub - Reveal Radiance  <i>Let yourself be seduced by the Kingdom to the kingdom of Siam and its spellbinding notes. This body care made with papaya and diatomaceous earth will exfoliate, perfume, and brighten your skin.</i>	30min	59€ 65€
Spiced Aromatic Scrub - Energizing <i>Inspired by Javanese Boreh, a traditional recipe made with spices and sea salt. This treatment invigorates the body with its restorative aromas and leaves the skin silky soft.</i>	30min	59€ 65€
Sublime Tahitian Monoï Scrub - Nourishing <i>This organic mixture made with coconut powder and Tahitian Monoï found in the Ra'au (the traditional Polynesian pharmacopeia) leaves the skin silky soft.</i>	30min	59€ 65€
Gommage au Savon Noir Beldi ® Purification <i>Gommage purifiant au Savon Noir Beldi ® après une détente au hammam. Associée à l'action exfoliante du gant de Kassa, il purifie la peau en profondeur pour la laisser douce, satinée et délicatement parfumée.</i>	45min	75€ 85€
Massage délassant des jambes - Fraîcheur et légèreté <i>Massage tonique, drainant et circulatoire agissant sur la circulation énergétique des jambes, utilise des actifs naturels issus de la pharmacopée chinoise.</i>	30min	59€ 65€
Indian Ayurvedic Massage - Profoundly Invigorating <i>Enjoy this hot-oil massage inspired by traditional Abhyanga. Alternating slow and fast movements will release tension and awaken the body.</i>	1h	99€ 115€
Royal Balinese Massage - Relaxing  <i>Immerse yourself into a world of tranquility with this Balinese massage. This escape for your senses is accompanied by traditional smoothing motions and gentle stretching.</i>	1h 1h30	99€ 115€ 140€ 170€
Traditionnal Oriental Massage - Sensory <i>Let Oriental traditions take you away with this full-body massage done with warmed argan oil. Take in the slow, deep motions and give in to well-being.</i>	30min 1h	59€ 65€ 99€ 115€
Sublime Polynesian Massage - Let It All Go <i>This massage has been inspired by Lomi-Lomi, a technique passed down by generations of Polynesian healers. Its delicate scents of tropical flowers will accompany you throughout the treatment and relax you deeply.</i>	1h 1h30	99€ 115€ 140€ 170€
Sublime Bola Massage - Pregnant Women <i>Discover enveloping smoothing motions performed with a tinkling massage ball. This treatment will help you calmly welcome the changes related to pregnancy and leave your body feeling relaxed and lighter than before. This massage is suitable for various stages of pregnancy, please contact the spa's reception for more information.</i>	1h	99€ 115€

BODY MESSAGES BY CINQ MONDES



Cinq Mondes has brought together the best of detox and slimming ingredients to offer you effective and sensory treatments, with manual massage techniques. The balance, the beauty of the body and the secret of a firm and smooth skin reside in the detoxification of tissues by circular and enveloping movements, inspired by Indian and Brazilian traditions.

DETOX WELLNESS MASSAGE

Week WE

Brazilian Massage - Bespoke

1h 99€ 115€

This treatment inspired by traditional Brazilian medicine will relax your body and slim your figure with its draining and detoxifying motions for the body and mind. This treatment comes in detox, slimming, lightness, and relaxation versions and can be customized with your spa practitioner.

Udarabhyanga Massage - Detoxifying



1h 99€ 115€

This massage's deep, invigorating techniques inspired by traditional Indian medicine will relieve any tension in your body and stomach to detoxify and free the body.

CURE DÉTOX MINCEUR

5 sessions of 1h + 30 min slimming assessment offered.

495€

10 sessions of 1h + 1 energizing aromatic spice scrub of 30 minutes

940€

+ 1 slimming assessment of 30 min offered.

RITUALS BY CINQ MONDES

Ayurvedic Ritual

1h30 140€ 170€

Spice Scrub - Tonic and Spicy - 30min

+ Indian Ayurvedic massage - Toning and Relaxation - 1h

Siam Ritual

1h30 140€ 170€

Papaya Puree Scrub - 30min

Oriental Ritual

1h30 140€ 170€

Beldi black soap scrub - Purification - 30min

+ Purifying wrap with Rassoul cream - Detoxification - 30min

+ Traditional oriental massage - Sensoriality and Relaxation - 30min or 1h

2h 198€ 230€

Sublime Polynesian Ritual

1h30 140€ 170€

Sublime Tahitian Monoi Scrub - 30min

+ Sublime Polynesian massage - 1h

Sublime Bola Ritual

1h30 140€ 170€

Sublime Bola Scrub - 30min

+ Sublime Bola Massage - 1h

Beauty Ritual - Youth care

2h30 225€ 270€

Spice Scrub - Tonic and Spicy - 30min

+ "Ko Bi Do" Face Treatment - Lifting and redensification - 1h

+ Indian Ayurvedic massage - toning and relaxation - 1h

Well-Being and Serenity Ritual

3h 260€ 300€

Spice Scrub-Tonic and Spicy - 30min

+ Traditional oriental massage - Sensoriality and Relaxation - 1h

+ "Ko Bi Do" Face Treatment - Lifting and redensification - 1h

+ Relaxing leg care - 30min

ESSENTIALS

	Week	WE
Customized Massage	30min	59€ 65€
<i>Customized massage according to your desires of the moment.</i>	1h	99€ 115€
	1h30	140€ 170€
Prenatal Massage	1h	99€ 115€
<i>Massage practiced with a neutral oil allowing the relief of the body during pregnancy.</i>	1h30	140€ 170€
<i>*For pregnant women from their second trimester of pregnancy.</i>		
4 hands Massage	1h	198€ 230€
<i>Customized 4-handed massage for absolute relaxation</i>		
Foot Reflexology	1h	99€ 115€
<i>Foot reflexology is an ancient art of foot modeling, which aims to soothe your body and allow vital energy to flow freely.</i>		
Hot Stone Massage	1h	99€ 115€
<i>Relaxing, sensory massage with hot stones.</i>	1h30	140€ 170€
Lymphatic Drainage of the body or face	1h	99€ 115€
<i>A gentle manual massage designed to stimulate lymph circulation and detoxify the body, helping to clean and unclog tissues.</i>		
Anti-Cellulite Massage	1h	99€ 115€
<i>A unique experience to firm the epidermis after optimizing lymphatic circulation and venous flow.</i>		
Shiatsu	1h	99€ 115€
<i>Japanese body massage based on traditional Chinese medicine and pressure points. This treatment promotes the elimination of toxins, eliminates stress and promotes emotional balance.</i>		
Massage in the temple de l'amour in duo (in summer)	1h	250€ 290€
	1h30	350€ 420€

CLASSICS

Beauty of the hands or beauty of the feet Luxe	Her 1h15	80€
<i>Nail care, scrubbing, wrapping, modeling, moisturizing</i>	Him 1h	70€
<i>+ varnish application for her.</i>		
Wedding Make-up		On request
Hairdressing Service		On request
Eye-brow / Lip Waxing		15€
Half-Leg Hair Removal		15€
Leg Hair Removal		25€
Bikini Waxing		40€
Eyelash / Eye-brow Tinting		30€
Brazilian / Full Bikini Waxing		35€
Underarm Hair Removal		25€
Arm / Chest / Back Hair Removal		20€

PACKAGES

	Week	WE
<p>« Day Spa » Formula</p> <p>We welcome you to the Domaine de la Corniche for a day of relaxation 1 treatment of your choice for 1 hour + 1 lunch at the Bistrot + 1 Spa access (Only during the week, except on holidays and bank holidays)</p>	125€	-
<p>Expérience Spaquana sérénité</p> <p>1 relaxing massage 1h + 1 facial treatment 1 hour + 1 access to the Spa</p>	2h 198€	230€
<p>Expérience Spaquana évasion</p> <p>1 body massage 1h30 + 1 facial treatment 1h + 1 business hand beauty + 1 access to the Spa</p>	3h15 265€	310€
<p>Package of 6 customized treatments of 1h or 1h30</p> <p>Valid for one year</p>	1h	535€
	1h30	755€
<p>Package of 12 customized treatments of 1h or 1h30</p> <p>Valid for one year</p>	1h	1 010€
	1h30	1 395€
<p>Bachelorette Party</p> <p>To get together with the bride-to-be before the big day, we offer you a formula with treatments and access to the Spa.</p>		On request
<p>Girls Night</p> <p>Share an evening of well-being with your friends. On Tuesdays, the Spa is reserved for you from 8pm to 11pm. Cocktail reception with soft drinks and a glass of champagne, access to the pool, sauna and steam room.</p>		On request

ME AND MINI ME BY NOUGATINE

	Week	WE
<p>DAY SPA PACKAGE KIDS</p> <p>We welcome you and your child for a moment of relaxation and sharing :</p>		
<p>Formula 1 (For children from 3 to 12 years old) Access to the spa 2h + lunch at le 20 du Domaine</p>	85€	-
<p>Formula 2 (For children from 6 to 12 years old) Access to the spa 2h + 2 massages 30 min</p>	119€	-
<p>Formula 3 (For children from 6 to 12 years old) Access to the spa 2h + 2 massages 30 min + lunch at le 20 du Domaine</p>	155€	-
<p>Valid from Monday to Friday before 1pm (excluding holidays and bank holidays)</p>		

MEMBERSHIPS

Giving unlimited access to the swimming pool, hammam, sauna and solarium with whirlpool during the opening hours of the Spa.

CARTE 10 access to the spa	400€
MONTHLY -15% off on treatments	180€ membership fee
TRIMESTRIAL 1 30-minute discovery massage with the "Cinq Mondes" brand 1 package for 2 guests (valid for 3 months) -15% off on treatments	540€ membership fee
SEMESTRIAL 2 face and body discovery massages of 30 minutes with the brand "Cinq Mondes" 1 package for 6 guests (valid for 6 months) -15% off on treatments	1 000€ membership fee
ANNUAL 2 face and body discovery massages of 1 hour with the brand "Cinq Mondes" 1 package for 6 guests (valid for one year) -15% off on treatments	1 800€ membership fee
ANNUAL DUO 4 face and body discovery massages of 1 hour with the brand "Cinq Mondes" 1 package for 12 guests (valid for one year) -15% off on treatments	3 400€ membership fee

BY THE WATER

	Week	WE
AQUAGYM 45-minute group class	25€	-
5-session package	115€	-
10-session package	210€	-
PILATE 1h class + 1h access to the spa	40€	-
10-session package	360€	-
YOGA 1h15 class + 1h 1h access to the spa	40€	-
10-session package	360€	-
OSTEOPATHY Session of 1h + 1h 1h access to the spa Possible reimbursement by the mutual insurance company up to 65€.	99€	-

PRACTICAL INFORMATION

Opening hours

Every day from 10am to 8pm

For resident clients: the pool, sauna and steam room are open from 7am to midnight

Reservations

All our treatments are available in a duo cabin.

For better organization, we ask you to arrive 20 minutes before the start of your treatment.

Treatments can be cancelled or moved within 24 hours before the start of your treatment to avoid any billing.

In-room care is subject to a 25% surcharge.

The time of the care is the time of care of the client.

Rates are differentiated between weekdays and weekends.

Vouchers

Offer hours of well-being at the Spa or treatment rituals to your loved ones. Customized packages, to be selected with our teams.

www.domainedelacorniche.com

Privatization

Private use of the outdoor whirlpool and solarium at €25 per person for 30 minutes.

Privatization on reservation of the spa from midnight to 1h at 200€ for 2 persons, half bottle of champagne included.

For any particular request, our team is at your entire disposal.

SPAQUANA declines all responsibility for loss or theft of objects within the Spa.

Les tarifs sont différenciés entre les jours de semaine et les weekends.

SPAQUANA décline toute responsabilité de perte ou de vol d'objets dans l'enceinte du Spa.



S P A Q U A N A

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